

# The Frayed Edge

President: Carol Hooper (370-5605)  
President Elect: Barb Snider (206-920-2621)  
Secretary: Nancy Best (378-5929)  
Treasurer: Kelly Hilsinger (360-391-0590)

**RAINSHADOW QUILTING ARTS GUILD**  
P.O. Box 45  
Friday Harbor, WA 98250  
**June 2014**



## Mission Statement

The purpose of the Rainshadow Quilting Arts Guild is to foster an appreciation and understanding of quilts as a traditional needle-craft medium or expressive art form; share talents and knowledge to promote excellence in needlecraft; educate and encourage our members and the public in traditional quilts and quilt art through workshops, guest teachers and speakers and quilt shows. The Guild shall provide opportunities to exhibit examples of traditional quilts and quilt art; donate to charitable organizations; and provide information to all members with regard to Guild programs, retreats, shows, and meetings.

## Website

**Remember to check out our website**  
**rqag.org**  
**User name: RQAG**  
**Password: Quilter**  
**Web Manager: Sharalyn Lehman**

The website has lots of pictures, event information, membership roster and so much more. Please check it out!

## Officers and Committee Chairs

The guild needs a few good members to step forward and help fill positions essential to the operation of the guild. Please let one of the officers know that you would be happy to take one of these jobs. A guild is only as strong as the members!

**President-elect** – This person has a pretty easy job the first year. She helps maintain the roster, fills in if needed for the president, and learns about the role of president which she becomes the second year.

**Communications** - This job includes both newsletter and website maintenance. The two jobs can be split and shared by two individuals. I have done both so can tell you what to expect. Anyone with basic computer and writing skills can do the newsletter. You simply type it on your computer and send out as an email attachment to all members. Much of the information is rolled over month to month and frequently other members provide information. It can be written throughout the month and finished for readership after the monthly board meeting. The website needs someone with some skills at this kind of thing. Perhaps a member is willing to do the newsletter and has a hubby or other family member who is techie enough to help with the website??

Now, I hear some of you saying, "But I cannot attend every board meeting." Not a problem. I missed multiple meetings and just asked someone to take notes and send me any new information. Worked great.

**Hospitality** – A four member team seems to work best as someone is always gone. We currently have three volunteers so just need one more.

**Service Quilts** – This person collects all the service quilts, keeps a chart of those that were turned in and makes sure the quilts get to their destination.

The following members have stepped forward to fill (or refill) these positions:

**President-** Barb Snider

**Treasurer-** Kelly Hilsinger

**Program-** Krispi Staude

**Secretary-** Nancy Best

**Hospitality-** Krispi, Sharon M. and Nancy B. (need at least 1 additional member)

**Sunshine** – Carol Hooper

Wow! What a terrific group of quilting friends, of course you want to be involved! Contact Carol Hooper or me to choose your role.

### **Coming Guild Attractions - 2014**

**June 14 – class** –Krispi Staude -Double Diamonds- learn the technique and make a bag!

**July 12 – Sewcial**

**August 13 – 16 – San Juan County Fair**

**September 6 – Sewcial**

**Oct. 4th– Annual meeting** – morning meeting followed by afternoon class

**November 8 - 11 – Quilt Camp** –Camp Brotherhood near Mount Vernon

**December 6 – TBA** – newly added date

**Guild dates for 2015:** mark your calendar - these dates have been reserved with the Mullis Center for classes and sewcials. Details will be announced later.

Jan 17

April 18

July 18

Feb 21

May 16

Sept 12

Mar 21

June 20

Oct 3



\*\*Class sign-up is easy; mail your \$35 check to RQAG, PO Box 45, Friday Harbor, WA 98250. Identify the class you are requesting.

NOTE: You are not signed up for a class until you have sent in a check. Please do not sign your name in the Program Book until your check has been mailed to the RQAG P.O. Box. It really confuses things if you sign up without paying. The treasurer appreciates your cooperation in this.

### **Non-Guild Events of Interest**

**June 17, 4:00-5:30** – **Friday Harbor library** will be offering a lesson on downloading their free books to your personal device such as Kindle. Great opportunity to learn something new and useful.

**August 14-16** – Quilt! Knit! Stitch! (International Quilt Festival event), will be at the Oregon Convention Center, Portland, OR. Check it out at [www.quilts.com](http://www.quilts.com) – class signups begin late April

## Special Fair Award

Do you have an embellished quilt to enter into this year's fair?

A reminder that RQAG will once again offer "The Dot Merlino Memorial Sunshine Award" in memory of a wonderful and beloved member of our community. Dot was an extraordinary, accomplished quilter and machine embroiderer. She created embellished and embroidered juvenile and baby quilts that brought "sunshine" to all who viewed them. A \$50 gift certificate will be awarded to a quilt entered in the San Juan County Fair, chosen by the Quilt Judge. The winning quilt must be a minimum 36" square and of a type that Dot would have created.

## Challenges

\***San Juan County Fair** – "[Down on the Farm](#)" Details on the "Needles & Pins" page.

\***RQAG Quilt Camp Challenge** – Make a table topper for quilt camp. Details on the "Needles & Pins" pg.

**Hoffman Challenge** at [www.HoffmanChallenge.com](http://www.HoffmanChallenge.com) (due July 18, 2014).

**Quilter's Newsletter's "Celebrate 45 Years of Quilting Challenge"**. See [QuiltersNewsletter.com](http://QuiltersNewsletter.com)

**Fruit & Veggies** - small projects to make for the "Down on the Farm" challenge for the Fair.

These knit or crochet veggies and fruits will be exhibited at the Fair, then either returned to the maker, or donated to the local Family Services program to distribute as kids' "grab" toys.

## Quilt Camp 2014

Reserve your spot for Quilt Camp, 2014, at Camp Brotherhood (November 8-11). A refundable deposit of \$5 to \$50 will hold your spot.

Mail check to our PO Box 45, Friday Harbor, WA 98250.

Option #1 (3 nights, 8 meals) \$225 for a triple room

Option #2 (2 nights, 5 meals) \$150 for a triple room

Option #3 (day pass) \$20 plus the cost of meals

Registration forms were emailed last month.

Also available online at [rqag.org](http://rqag.org) then click on "events", scroll to bottom of page and see the link on the left.

## Mediterranean Quinoa Salad

Barb Snider

Serves 4-6

2 c. quinoa

3 ½ c. water

¼ t. sea salt

3 c. cooked white beans (or 2 cans)

2 medium carrots, chopped

1 can artichoke hearts, quartered

½ to 1 c. Kalamatra olives, pitted

4 c. fresh basil, chopped

½ c. pumpkin seeds

Baby spinach

Dressing:

1/3 c. olive oil

3 T. red wine vinegar

4T freshly squeezed lemon juice

2 cloves garlic, crushed

1 t. lemon zest

½ sea salt or Herbamare

1. Rinse the dry quinoa in a fine mesh strainer under running water. Place rinsed quinoa into a medium sauce pan with the water and sea salt. Cover and bring to a boil, then turn heat to a low simmer and cook for about 20 minutes. Remove pot from heat and let quinoa cool in pot.
2. Toast the pumpkin seeds by placing them into a small skillet and heating them over medium heat. Keep them moving in the pan until you hear a “pop” and they are slightly golden. Remove from pan and let cool in a small bowl.
3. Place cooked quinoa into a large bowl. Add the cooked white beans, chopped carrots, cut artichoke hearts, olives, chopped sun-dried tomatoes, baby spinach, chopped basil and pumpkin seeds.
4. To make the dressing, place all ingredients into a small bowl and whisk together. Pour the dressing over the quinoa salad and mix thoroughly with a large spoon.

## Book Nook

Kaffe Fassett: Dreaming in Color: An Autobiography

Kaffe Fassett has led an extraordinary life and is a captivating storyteller with a vivid memory.

Wild Nights by Mary Ellen Courtney. This author is an islander.

The Light Between Oceans, a novel by M.L. Stedman

An extraordinary and heart-rending book about good people, tragic decisions and the beauty found in each of them.”



# NEEDLES AND PINS

## Cannot Find the Wednesday Quilters?

Sometimes the Wednesday afternoon group, Wild Rose Quilters, is displaced when another event receives priority at the Mullis Center. The blood drives are a common example. The Wild Rose group is usually able to relocate to either the Mullis Center Library or the "craft room". So – if you arrive to find the Center occupied by others, be sure to go around to the side door and look for your quilting friends.

## Sunshine

Do you know of a member in need of a card? Marilee Kirschner is our Sunshine gal. Just let her know and she will pick out an appropriate card and attach a nice note. Please do not assume that "everyone knows" because we do not want to overlook someone in need.

## Tell Me What You Know

If you wish to place information in the newsletter, just let me know. Contact Sue Beauchamp at [s2beau@centurytel.net](mailto:s2beau@centurytel.net) or 370-5709. I love to include stories about quilt shows or shops you have visited, or just anything related to quilting. You can write an article or give me the facts and I will put something together. The newsletter is sent out a day or two after the monthly board meeting which is usually held the second Wednesday of each month.

## Challenge Project 2014

The challenge project for quilt camp 2014 is to create a table topper. This might be a table runner, a placemat, a candle mat, a napkin, a fabric sculpture or whatever you would like to see on your table.

## Healing Quilts

These should be "lap size", large enough to cuddle under but not bed size. Healing quilts are given in special circumstances to individuals in our community who have suffered a major traumatic, life-changing event. We need quilts for both genders!

## Pike Place Day Care Service Quilts

These will be given to 4 year olds so should be **approximately 42" x 54"**. Measurements are not absolute but let's be sure they are useable.

## Resource Center Service Quilts

Baby quilts **approximately 36" square** can be turned in and will be donated for distribution to new San Juan island infants.

## "Wool Shed Challenge"- San Juan Co. Fair:

Use any Fiber or Textile Art to create something that fits the theme "Down on the Farm". It could incorporate anything from farm buildings, equipment, animals, plants, etc. - anything farm related goes!

Items will be judged in their normal category, whether it's Textile or Fiber Arts and will then be displayed jointly in an area between the two groups.

Members of 501c3 groups (like RQAG) get a 10% discount at Mr. Sew Dandy in Anacortes.

## Peace Island Hospital Cancer Quilts.

These quilts should measure about **48"x60" or smaller**. Each chemo patient will receive one to use during treatments and will take the quilt home once treatment is finished.

## Batting Available

The guild has batting available for members to use on service quilts. Ask one of the board members if you need help locating this resource.